



AKA First Aid Training Room COVID Regulations

- If you have any **Covid-19 symptoms** including a fever, cough or loss of smell/taste, have tested positive or have been advised to self-isolate, then please inform us before the course.
- If you develop any of the above symptoms during the course, then please inform your trainer so appropriate action can be taken. Should you test positive in the 10 days following the course then please inform us.
- You will be required to **wash your hands** throughout the course, including as you enter the training room. **Alcohol hand gels** will be provided and are to be used as you enter and leave the classroom as well as during the course.
- **Tissues** will also be provided and are to be used if you need to cough/sneeze and are to be disposed of in the bin afterwards.
- A **1m distance** is maintained in the classroom wherever possible. During practical exercises this is difficult, so **face masks** will be preferred during these times. Gloves will also be available. Learners will be allocated the **same partner for all activities** during the course and must adhere to instructions given by the trainer.
- **CPR rescue breathes will be required on the course.** All learners will be issued their own **facial shield** for use on the manikin and **wipes are provided to clean the face and body of the manikin between learners.**

If you have any concerns with regards COVID, then please speak to your trainer